

# FINAL RUN PLAN SAMPLE

<i>Team #</i>	<i>Team Name</i>	<i>Team Captain</i>
999	Fleet Feet Road Runners	Floyd Smartfeller

	<i>RUNNER</i>	<i>Fem</i>	<i>REMARKS</i>		<i>RUNNER</i>	<i>Fem</i>	<i>REMARKS</i>
<b>R1</b>	Duffas, Ruffas	f		<b>R11</b>	Yang,S	f	
<b>R2</b>	Riddle-A			<b>R12</b>	Jones, R		
<b>R3</b>	Foote,C			<b>R13</b>	Young, D		
<b>R4</b>	Foote,C Jr			<b>R14</b>	Scott. A		
<b>R5</b>	Foote, S	f		<b>R15</b>	Stevenbergh. P		
<b>R6</b>	Bugger, Z			<b>R16</b>	Martine, G	f	
<b>R7</b>	Markham, D			<b>R17</b>	Foreman, M		
<b>R8</b>	Durham, F			<b>R18</b>	Vermullen, T		
<b>R9</b>	Moye, D			<b>R19</b>	Reed, D	f	
<b>R10</b>	Feffer,M			<b>R20</b>	Filmore, M		

	<i>RUNNER</i>	<i>Fem</i>		<i>RUNNER</i>	<i>Fem</i>
<b>R21</b>	Farthingale, T	f	<b>R26</b>	Jefferson, Hank	
<b>R22</b>	Bullfeathers, Joy	f	<b>R27</b>	Marquardt, Roy	
<b>R23</b>	Bullfeathers,Jack		<b>R28</b>	Regan, R	
<b>R24</b>	Lincoln, A		<b>R29</b>	Regan, N	f
<b>R25</b>	Franklin, B		<b>R30</b>	White, E	

### OFFICIAL DELAYS

Stage #	Length of delay in mm:ss	Reason for delay:

#### **NO SHOW RUNNER INSTRUCTIONS:**

> The replacement runner shall sign in with the Stage Officials showing their proper ID.  
 {The no show runner may be placed in the Alternate pool and used later}  
 Draw a line through the runner being replaced in the above roster. Print the name of the Alternate runner above the scratched runner. Print the word "**ALT**" in the remarks column. .

#### **DOWNED RUNNER INSTRUCTIONS:**

> A downed runner may be replaced by an Alternate.  
 { The Alternate shall wear a yellow bib number.}  
 > Draw a line through the downed runners name in the above roster. Print the name of the Alternate above the downed runners name. Print the words "**DOWN**" in the remarks column